

Kaniskina, Deakes Capture World Titles

Osaka, Japan—Following the Men's 20 Km at the World Championships, reported last month, there were two racewalking title races to go. And the winners were Russia's Olga Kaniskina at 20 and Australia's Nathan Deakes at 50. Both had to overcome the continuing hot, muggy conditions that had slowed the men's 20 Km race.

In the women's race, the 22-year-old Kaniskina scored a comfortable win, but it took her 1:30:09, nearly 4 ½ minutes slower than her teammate Olipiada Ivanova needed in winning the 2005 title. Ivanova was on hand to defend her title, but dropped out early. With a starting temperature of 86F and relative humidity at 65 percent, it was not a day for fast times.

The whole field seemed to recognize this and let Kaniskina go at the start, although she was going at a conservative pace—22:21 for the first 5. Her teammate, Tatyana Shemyakina trailed her by 20 seconds, with another Russian, Tatyana Sibilyeva, third in 23:00. Then came the pack, with 17 walkers within 7 seconds of Spain's Maria Vasco, who went through 5 in 23:2.

Kaniskina accelerated slightly to pass 10 Km in 44:33, and stretched her lead to 44 seconds on Shemyakina. Vasco was now third in 45:53, three seconds ahead of Sibilyeva. And the rest of the field was already breaking up, with Norway's Kjersti Platzer fifth in 46:23, just ahead of Jane Saville, Susana Feitor, Ines Henriquez, and Claudia Stef.

Holding a steady pace, Kaniskina went through 15 km in 1:06:46, 56 seconds ahead of Shemyakina, with Vasco a solid third in 1:08:09. Platzer and Feitor had moved ahead of Sibilyeva and Saville had received a third red card. On the final 5, Shemyakina was able to close slightly on Kaniskina, but never threatened, and still trailed by 33 seconds at the finish. Vasco made the strongest move, finishing just 5 seconds behind Shemyakina, covering the second half of her race nearly a minute faster than the first—45:53 and 44:54. Platzer came fourth and had even greater negative splits than Vasco—46:23 and 45:01. She was probably a bit too conservative in the early going and that may have cost her a shot at a medal.

Kaniskina is a product of the walking school of Saransk, the capital of the Republic of Mordavia where the IAAF Racewalking Challenge Final will be held on September 29. (Too late for the ORW, just as this race and the 50 Km were too late for the August issue). Saransk is a specialized center for preparation of walkers in Russia, where both Kaniskina and Shemyakina are coached by Viktor Chyegin. "This gold is for my coach, my family and all my relatives," Kaniskina Said. "It was great success for Mordovia and the city of Saransk. I went on my pace according to my plan. It worked very well. I felt in very good shape and the race was easy. I came here on Sunday, but that was perfect. Technically everything went well and I had no problems with the weather. Five days before the race, we prepared in Vladivostok and became used to the time difference. I won the world title for three reasons. I was well prepared, my family gave me a lot of support, and I was very lucky."

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Kaniskina began walking as an amateur eight years ago but began training seriously two years ago. She came to the Japanese coastal city with a personal best of 1:26:02 from last year. During a successful 2006 season Kaniskina won the European Championships silver medal in Gothenburg and went on to finish runner-up at the European Walking Cup in Royal Leamington in mid-May.

With the steamy conditions, there were five walkers who did not finish and much slower times than would be expected down the line. Another five were disqualified, including Teresa Vaill, who did not reach 10 Km before getting her third read card. She passed 5 km in 30th place with 23:52. Missing from the race was the heavy favorite, Rytta Turava of Belarus. The reported reason for her absence was "unspecified medical reasons".

In the 50, world record holder Nathan Deakes took control at mid-race and refused to relinquish it, although there were strong enough challengers in the field—Yohan Diniz last year's European Champion, Denis Nizhegorodov last year's World Cup winner, and Alex Schwazer, third in these championships two years ago were still in contention late in the race. It was another sweltering day (77 F at the start warming to 86 F by the finish with the humidity dropping from 80 percent at the start to 56 at the finish) leading to 14 non-finishers, not including the nine who were disqualified. And here is the way Elliott Denman described the race for the Daily Yomiuri.

To outsiders, 50-km men are the grizzled devotees of an event that seems to go on forever, an event that's been the longest event in major championships since its debut at the 1932 Olympic Games, yet one that far too many people neither understand or appreciate. To do what they do and for as long as they do, 50-km men can't be softies. But guess what? Deep down they really are. Nathan Deakes proved that yesterday morning.

With some 100 meters left to walk as the finish line neared, the last of his 24 Nagai Park 2-Km road loops behind him, and morning-long chasers Yohan Diniz and Alex Schwazer no longer threats to catch him, the 30-year-old Aussie had himself a very good and public cry. By the time he crossed that line, three hours, 43 minutes, and 53 seconds after he heard the starting gun at 7 am, those tears had turned to a gusher.

Said Deakes, after he'd dried his eyes: "A lot of athletes make a lot of sacrifices along the way, and I'm one of them. I was thinking about everybody that ever helped me, my family and my wife, the support team that I've had around me. If I had to split up my medal in pieces for everybody who'd ever helped me, I wouldn't have much left for myself. This is something I've dreamed about forever, and now to have it actually come true. . ."

"I tried to concentrate (on the final metres), but it was something I couldn't help. It just started coming out. I actually come to the finish line (first), I couldn't believe it, and I still can't. World champion? It's amazing"

Amazing is the right word. Deakes, who set the world 50-km record of 3:35:47 on home turf in Geelong last December 2, then fought through a series of injuries on the road to Osaka, showed ultimate strategic sense.

Others handled the early pace setting: Spain's Santiago Perez, China's Chaochong Yu, Russia's Vladimir Kanyakin. By the midway point reached in 1:53:35) though, Deakes held a share of the lead with Kanyakin and Japan's own Yuki Kamazaki—to the utter delight

of the many uniformed, fan-waving supporters in Nagai Park.

Then Diniz crashed the party, only to see Deakes surge right back. And that's the way it stayed, with Alex Schwazer's late bid sufficing only for the bronze medal, but by then well clear of Nizhegorodov.

There were cheers for the special achievers—Nizhegorodov finishing fourth when his heralded teammates were succumbing to heat-induced wobble and heading to the sidelines; Canada's Tim Berrett, the 19th placer, as the first man to compete in nine World Championships in any event; Portugal's Jorge Costa, the 27th placer, at age 46 the oldest athlete in the whole meet, and Spain's Jesus Angel Garcia.

But there were only commiserations and the deep regrets of the organizing committee, for Japan's Kamazaki, who held sixth place after 35 Km, only to be mistakenly waved into the stadium one 2-km loop too early, then being relegated to the DNF list.

Schwazer repeated his bronze medal performance of 2005, but apparently misjudged his ability. He covered the final 10 Km in 43:12, gaining 1:36 on Deakes and 1:26 on Diniz, and was just 43 seconds back at the finish. His final kilometer of 4:08 was the fastest km split of the entire race and one might guess the fastest finish in 50 km history.

More on Deakes from Paul Gains for the IAAF:

As to Deakes, he set that world record last December just three days after sitting for a tax law exam. He is studying towards a double degree in law and banking and finance, so, he says, he has "something to fall back on." In June, at the height of the competitive season, he completed a 10,000-word thesis on the Court for Arbitration in Sport, which looks at some of its landmark doping cases. Combining this with weeks where he covers 240 km in training can test one's nerves completely.

His wife Antoinette, a first generation Italian-Australian, agreed to take a year off work so the couple could go to Europe where most the racewalking competition takes place. They have been renting an apartment in Tuscany.

"This year, we have been living on our savings. So this (world championship prize money of \$60,000) is the only way we can make money," he reveals. "It's going to be an enormous help. It's going to be fantastic for us. By coming over to Europe, we put a lot of other things on hold. We are paying a mortgage back home and rent in Europe. Hopefully the money will ease the financial constraints the next 12 months leading into Beijing."

Deakes reckons his race went according to plan except for the fact he found himself in the lead a little earlier than he wanted. But, he really didn't feel the pressure of being the World Record holder. "The only pressure I felt was self expectations," he explains. I think the Australian team, we always knew that the back end of the championships was the time when we would win medals. I think a lot of the focus has been on Craig Mottram (5000 meters) and Jana Rawlinson (400 meter hurdles) the last few days so that has allowed me to do my own job and concentrate on the race. In terms of pressure, being the World Record holder is really one of the more flattering things standing on the start line it might intimidate a few of the athletes more so than anything."

Suddenly he is the toast of Australia. Being in the limelight doesn't necessarily thrill him and he is evidently not one to seek it either. But he is happy to be a position to help Australian athletics. "Racewalking is not a big sport in Australia," he admits, "but hopefully just with Jana winning the other night, and myself, it will put athletics on the front page. Anything I can do for my sport I will do. I need to promote my sport."

Interesting to note that the Chinese remain utterly unpredicable. So dominant at times, and so unnoticeable at others. In these Championships, the best they could manage

was 13th in the men's 20, 15th in the women's 20, and 7th in the 50.

The results:

Women's 20 Km: 1. Olga Kanskina, Russia 1:30:09 (22:21, 44:33, 1:06:46) 2. Tatyana Shemyakina, Russia 1:30:42 (22:41) 45:17, 1:07:42) 3. Maria Vasco, Spain 1:30:47 (23:22, 45:53, 1:08:09) 4. Kjersti Platzer, Norway 1:31:24 (23:25, 46:23, 1:08:46) 5. Susana Feitor, Portugal 1:32:01 (23:25, 46:29, 1:08:51) 6. Claudia Stef, Romania 1:32:47 (23:25, 46:29, 1:09:28) 7. Ines Henriques, Port. 1:33:06 (23:26, 45:28, 1:09:27) 8. Sabine Zimmer, Germany 1:33:21 (46:55, 1:11:01) 9. Tatyana Sibileva, Russia 1:33:29 (23:00, 45:56, 1:09:11) 10. Mayumi Kawasaki, Japan 1:33:35 (22:27, 46:53, 1:10:01) 11. Vera Santos, Port. 1:34:28 12. Maria Jose Poves, Spain 1:35:06 13. Beatriz Pascual, Spain 1:35:13 14. Melanie Seeger, Germany 1:35:30 15. Hongjuan Song, China 1:35:44 16. Elena Ginko, Belarus 1:35:59 17. Olive Loughane, Ireland 1:36:00 18. Zuzana Maikova, Slovakia 1:36:26 19. Hong Liu, China 1:36:40 20. Barbora Dibekova, Czech Rep. 1:36:54 21. Marie Polli, Switzerland 1:36:54 22. Sonata Milusauskaite, Lithuania 1:37:28 23. Sylwia Korzeniowska, Poland 1:37:38 24. Maria Gelkova, Slovakia 1:38:54 25. Johanna Jackson, Great Britain 1:39:34 26. Mi-jung Kim, Korea 1:41:33 27. Masumi Fuchise, Japan 1:41:49 28. Svetlana Tolstaya, Kazakhstan 1:41:54 29. Yadir Guaman, Ecuador 1:42:17 30. Tania Regina Spindler, Brazil 1:43:56 31. Sandra Zapata, Columbia 1:44:42 32. Yeliz Ay, Turkey 1:45:52 33. Geovana Irueta, Bolivia 1:47:15 DQ—Ryoko Sakakura, Japan; Jane Saville, Australia (23:25, 46:27); Teresa Vaill, USA; Miriam Ramon, Ecuador DNF—Olimpiada Ivanova, Russia; Elisa Rigaud, Italy (23:26, 46:37, 1:10:14); Jolanta Dukure, Latvia; Jing Jiang, China; and Athanisia Tsoumeleke, Greece.

Men's 50 Km: 1. Nathan Deakes, Australia 3:43:53 (47:23, 1:31:48, 2:15:39, 2:59:05) 2. Yohan Diniz, France 3:44:22 (47:23, 1:31:55, 2:15:55, 2:59:44) 3. Alex Schwazer, Italy 3:44:38 (47:25, 1:33:17, 2:18:25, 3:01:26) 4. Denis Nizhegorodov, Russia 3:46:57 (47:23, 1:33:16, 2:18:24, 3:02:12) 5. Erik Tysse, Norway 3:51:52 6. Mikel Odriozola, Spain 3:55:19 7. Chao Sun, China 3:55:43 8. Trond Nymark, Norway 3:57:22 9. Horacio Nava, Mexico 3:58:17 9 10. Jarkko Kinnunen, Finland 3:58:22 11. Antti Kampas, Finland 3:59:34 12. Donatas Skarmulis, Lithuania 3:59:48 13. Eddy Riva, France 4:00:44 14. David Boulanger, France 4:01:30 15. Antonio Pereira, Port. 4:02:09 16. Ken Akashi, Japan 4:02:31 17. Yusuke Yachi, Japan 4:05:21 18. Diego Dafagna, Italy 4:06:03 19. Tim Berrett, Canada 4:06:47 20. Jesus Sanchez, Mexico 4:07:14 21. Grzegorz Sudol, Poland 4:07:48 22. Milos Batovsky, Slovakia 4:08:22 23. Nenad Filipovic, Serbia 4:12:11 24. Chris Erickson, Australia 4:13:00 25. Konstantinos Stefanopoulos, Greece 4:14:22 26. Augusto Cardoso, Port. 4:14:38 27. Jorge Costa, Port. 4:16:05 28. Igors Kazakievics, Latvia 4:19:43 29. Andrey Stepanchuk, Belarus 4:23:30 30. Rafal Fedaczynski, Poland 4:24:51 31. Kevin Eastler, USA 4:31:52 (49:25, 1:38:32, 2:29:06, 3:26:22) DQ—Colin Griffin, Ireland; Duane Cousins, Australia; Fredrik Svvensson, Sweden; Andreas Gustafsson, Sweden; Chaohong Yu, China; Chengliang Zhao, China; Omar Zepeda, Mexico; Zoltan Czukor, Hungary; Jesus Angel Garcia, Spain. DNF—Jamie Costin, Ireland; Fredy Hernandez, Columbia; Peter Korcok, Slovakia; Anton Jucmin, Slovakia; Vitaliy Talankov, Belarus; Marco De Luca, Italy; Ingus Janevics, Latvia; Kamil Kafka, Poland; Yuke Yamazaki, Japan; Sergey Kidryapkin, Russia; Vladimir Kanaykin, Russia; Aleksey Voyevodin, Russia; Tony Sargisson, New Zealand; and Santiago Perez, Spain.

Sharp Defends At 40 Km, Takes Seventeenth Title

Ocean Twp., N.J., Sept. 16—Twenty-five years ago, a young Ray Sharp won the National 40 Km title in 3:27:31. I suppose the years have caught up with. Today, the still youthful 47-year old won the title for the third time, defending in the race he also won last year. But, the years are catching up with him. He needed 28 seconds more than in 1982, winning in 3:27:59. Gosh, he's lost a little more than a second a year. On the other hand, he

was nearly 10 minutes faster than last year. It was his 17th title overall and fourth since he launched a comeback in 2005. In this one he beat John Soucheck by almost 18 minutes. But, note that John was on his way to 50 Km, which he completed in 4:44:20 to qualify for the 2008 Olympic Trials. In a race that appeared to be limited to those over 40, Steve Pecinovsky beat Ian Whatley for third, as both broke the 4-hour mark. Maria Michta made an impressive debut at races of over 20 Km, winning the women's title in 3:51:22 Here is how Mr. Sharp described the race on his web site.

A whirlwind trip. I woke up at 5 Saturday, flew out of Houghton at 7:05, landed in Newark at 2:14 p.m., drove with Steve and Ian to the hotel, got pizza on the way, went to the race course at 5 and did a lap, ate a grilled cheese sandwich, fries and a strawberry/hot fudge sundae at Friendly's at around 8, went to bed by 11, up at 6, raced 40k (24.8 miles) at 8-11:30 a.m. Sunday, went with Uncle Art to his house, shower, hot tub, great lunch (cream of broccoli soup, salad, fresh corn on the cob, grilled chicken, chocolate cake with mint ice cream and fruit salad, coffee and mint ice tea — thanks Carole!!!), back to Newark for the 5:34 to MSP, home to Houghton, in bed by 1, at work today before 8.

The race went well — 3:27:59. A young talent named Richard Luettichau led early, aiming for a 1:36 20k, and he managed to score a big PR in 1:38:40 or so. He'll make the Trials standard next spring. Curt (Clausen) put in an appearance and chased me for a few laps, but he had just returned from a vacation in France and was not there to race the full distance. Curt graciously worked the aid tables and cheered us on the rest of the way. Thank you Curt, and of course, Dave McG, for your help.

So with Richard about 40 seconds ahead at 10k, that left me all alone in second place (but actually leading the 40k by quite a lot, and more every lap). After a 5:13 first kilometer on the fast, partially shaded 2k loop, I slowly accelerated through 49:59 at 10k and caught young Richard at 16k. I split 1:38:53 at 20k. 1:41 would have been more advisable, since I have only done two walks of greater than 2 hours since April, and very low mileage the last 10 weeks. But seeing Richard ahead got me rolling, and I tried to stay efficient and braced for the fatigue and pain that would surely envelope me somewhere past 20k.

I reached 25k in 2:03:47, more than satisfactory considering it was done mostly on cycling miles, considering that a 50:24 10k on Wednesday had left me feeling stiff and tired. I slowed down there, with some soreness and stiffness. But determined to improve on last year's time of 3:36 despite my lack of walking fitness (if it had been a bike race I would have been strong), I kept pushing and tried to minimize the slow-down. With two laps to go I thought I was slipping beyond the 3:30 target, so I accelerated some on the penultimate lap and then blasted a very good last lap for the 18-minute win. My approximate 2k splits (from memory): 10:16, 10:02, 10:01, :954, 9:46, 9:46, 9:47, 9:51, 9:43, 9:47, 9:58, 9:58, 10:11, 10:40, 10:56, 11:03, 11:56, 12:21, 11:34, 10:16. If you take the first 28 k and add the last 2k, you get 30k under 2h30. I'm satisfied. This was my best race of the year, and I think the only race in the last three years (or 20 years) where I've picked up the pace on the last lap.

The results:

1. Ray Sharp, Varsano's Chocolates RW Team 3:27:59 2. John Soucheck, Shore AC 3:45:52 3. Col. Steve Pecinovsky, VCRW 3:57:14 4. Ian Whatley, VSWR 3:59:30 5. Leon Jasionowski, Pegasus AC 4:02:48 6. Max Walker, Indiana Walkers 4:10:49 7. John Fredericks, Shore AC 4:22:45 8. Tom Quattrocchi, Shore AC 4:24:49 9. Bob Keating, New England Walkers 4:26:13 10. Bob Mullen, Park RW 4:33:32 Guest—Luc Bossieres, Montreal 4:38:54 11. Ron Salvio, Shore AC 4:39:51 12. Peter Bayer, Florida AC 5:10:21 13. Dr. Pat Bivona, LaVerne, Cal. (Former Shore AC) 5:26:42 14. Niall Mandal, Shore AC 5:34:05 15. Eliot Collins, Shore—I DQ Teams: 1. Varsano's Chocolates 11:24:43 2. Shore AC 12:23:26

Women: 1. Maria Michta, Walk USA 3:51:22 2. Jennifer Marlborough, Lynbrook, N.Y. 4:26:23 3. Karen Karavanic, Western Women Go the Distance 4:55:09 4. Maria Paul, Shore AC 5:07:13 5. Carol Alexander, Sylvania, Ohio 5:47:49

Other distances:

50 Km—1. John Soucheck 4:44:20 2. Luc Bossieres 6:10:23 3. Peter Bayer 6:33:11

20 Km—1. Richard Luettichau, Shore AC 1:38:44 2. Julio Alva, Southeast Pa. AC 1:51:06 3. Bruce Logan, Park Walkers 2:09:11 4. Rick Sasulski, Walk USA 2:12:43 5. Manny Eisner, Shore AC 2:34:50 Women—1. Diana Rado, Southeast Pa AC 1:52:04 2. Solomiya Login, SEPAC 1:54:30 3. Pamela Alva, SEPAC 1:57:02 4. Dorit Attias, Walk USA 2:13:33 5. Diane Stack, Walk USA 2:35:27 6. Bernadette McNulty, Phast Club 2:35:33

10 Km—1. Curt Clausen, NYAC 53:26 Women—1. Jenna Monahan, Walk USA 58:30

5 Km—1. Daniel Andreasen, Phast Club 26:05 Women—1. Catie Davis, Southeast Pa. AC 27:45

Other Results

10 Km, Brookline, Mass., Sept. 9—1. Bob Ullman (55) 61:08 2. Steve Vaitones (50) 61:45 3. Emmett Schmarsow (55) 63:09 4. Tom Knatt (65) 64:37 Women—1. Holly Wenninger (40) 66:40 2. Pat Godfrey (60) 69:03 3. Itzi Garcia (40) 69:27 4. Beth Katcher (50) 69:32 **5 Km, Orlando, Fla., Aug. 19**—1. Juan Moscoso 30:36 2. Tom Forman 31:00 3. Bruce Carr 32:59 4. Ray Jenkins 33:31 5. Rob Carver (50+) 34:08 (9 finishers) Women—1. Cheryl Rellinger 27:42 2. Edna Ramsey 31:51 3. Sandy DeNoon 33:08 4. Sandy Hults (60+) 34:07 (8 finishers) **Ohio 1 Hour, Columbus, Sept. 9**—1. Susan Randall 10,907 meters 2. Chris Schmid (60+) 10,441 3. John Randall (15) 9264 4. Lance Tibbles (65+) 7382 (6 finishers) **5 Km, Greeley, Col., Aug. 1**—1. Barb Amador (55+) 31:14 2. Sherrie Gossert (55+) 31:54 3. Rita Sinkovec (65+) 33:48 (5 finishers) Men—1. Daryl Meyers (65+) 32:25 (6 finishers) **5 Km, Denver, Aug. 27**—1. Mike Blanchard (46) 28:24 2. J'Day Lecore (47) 30:52 3. Darla Yoerg 31:14 **3 Km, Ft. Collins, Col., Sept. 1**—1. Barbara Amador (58) 17:45 2. Darla Yoerg 18:17 (6 finishers) **5 Km, Lake Gregory, Cal., Aug. 11**—1. Francine Avellaneda (42) 33:45 2. (12 finishers) Men—1. Alex Kazaryan (53) 30:33 2. Art Morrow (43) 33:36 (10 finishers) **2.8 Miles, Seattle, Aug. 11**—1. Bob Novak (58) 25:19 2. Bart Kale (50) 25:41 3. Ann Tuberg (47) 25:57 (8 finishers)

20 Km, Welland, Ontario, Sept. 23—1. Marina Crivello 1:43:52 2. Laura Feller, USA 1:58:15 3. Kitty Cashman 2:02:20 Men—1. Pierre-Luc Menard 1:30:09 2. Allen James, USA (43) 1:34:23 3. Oliver Duguay=Boucher (19) 1:42:17 4. Alexandre Gagne (19) 1:43:43 **5 Km, same place**—1. Caroline Samson 29:11 2. Sharon Lee (51) 30:01 3. Sayward Spooner 30:18 4. Lily Whalen (55) 30:45 (17 finishers) Men—1. Hans Dinger (51) 29:38 2. Peter Lee (52) 29:32 3. John Kittredge (62) 29:32 4. Luc Bussieres (49) 29:25 **10 Km, same place**—1. Joanne Lamontague 59:11 2. Linda Wilson (52) 60:44 3. Sarah Raetsen 62:34 (5 finishers) Men—1. Patrick King (60) 59:21 2. Stuart Summerhayes (73) 65:57 (1 DQ)

20 Km, Alytus, Lithuania, Sept. 15—1. Vitaly Talankou, Belarus 1:22:52 2. Ingus Janevics, Latvia 1:23:19 3. Aleksandr Yargunkin, Russia 1:24:41 4. Tadas Suskevicius, 1:24:54 5. Marius Ziukas 1:26:37 6. Darius Skarmulia 1:27:10 7. Ricardas Rekat 1:28:34 8. Valerijus Grinko 1:29:49 (15 finishers, 1 DQ) **Women's 10 Km, same place**—1. Alena Ginko, Belarus 44:06 2. Sonata Milusauskaite 44:19 3. Vira Zozulya, Ukraine 44:25 4. Sniazhana Yurchanka, Belarus 44:39 5. Barbora Dibelkova, Czech Rep. 46:20 6. Neringa Aidityte 46:47 (15 finishers, 1 DQ) **Under 20 10 Km, same place**—1. Arnis Rumbenieks, Latvia 42:46 2. Tautvydze Zekas 44:21 3. Genadiy Kozlovskiy 44:51 **Women's Under 5 Km, same place**—1. Agnese Pastare, Latvia 22:50 2. Liga Brokere, Latvia 23:40 **Finland-Sweden Dual Meet,**

Goteborg, Sweden, Sept. 8: 10 Km—1. Jarkko Kinnunen, Fin. 44:24.36 2. Fredrik Swensson, Sweden 44:45 3. Heikki Kukkonen, Fin. 44:57 (3 DQ) Points: Finland 11 Sweden 5

Women's 5 Km—1. Karoliina Kaasalainen, Fin. 24:49.45 2. Anne Halkivaha, Fin. 25:04 3. Sara Agemark, Swed. 25:46 4. Mari Olsson, Swed. (1 DQ, 1 DNF) Points—Finland 12 Sweden 8

World Masters Championships, Riccione, Italy, Sept. 4-15: Men 35-39: 5 Km—1. Juan Porras, Spain 22:27.22 2. Thierry Quarre, France 22:36 3. Peter Tichy, Slovakia 22:53 10 Km—1. Porras 45:13 2. Tichy 45:35 3. Bachiso Faedda, Italy 46:55 20 Km—1. Tichy 1:34:40 2. Roberto Defendente, Italy 1:35:23 3. Quarre 1:37:55 **Women 35-39: 5 Km**—1. Hanne Niland, Norway 25:57.74 2. Jenny Coronot Acun Leal, Venezuela 28:07.33 3. Jolanta Morawczyka, Poland 29:23 10 Km—1. Marina Koneva, Russian 51:30 2. Niland 53:38 3. Leal 58:24 20 Km—1. Koneva 1:51:04 2. Leal 2:02:33 3. Ana Lu Mosqueda Palacios, Ven. 2:11:34 **Men 40-44: 5 Km**—1. Claudio Bertolino, Brazil 22:31.20 2. Dick Gnauck, Germany 23:13.25 3. Julio de Andreo, Spain 23:16.15 10 Km—1. Bertolino 47:34 2. Gnauck 47:55 3. Michael Schneider, Germany 48:03 20 Km—1. Schneider 1:37:32 2. Gnauck 1:36:35 (?) 3. Urbain Gurod, Switz. 1:39:40 **Women 40-44: 5 Km**—1. Christ Sarembe-Stegmeier, Germany 26:11.35 2. Hendrietta Schoeman, South Africa 28:03 3. Christine Gelant, Switz. 28:18 10 Km—1. Milena Megli, Italy 52:33 2. Paola Bettuchi, Italy 53:14 3. Sarembe-Stegmeier 55:31 20 Km—1. Megli 1:48:45 2. Bettucci 1:56:12 3. Schoeman 2:01:25 **Men 45-49: 5 Km**—1. DeLosAngeles Escalante, Mexico 22:59.15 2. Marcello Villa, Italy 23:02 3. Jean-Michel Frixon, France 23:12. . . 8. Tommy Aunan, USA 25:58 10 Km—1. Villa 47:21 2. Sergio Gutierrez Brenes, Costa Rica 47:21 3. Jan Klos, Poland 48:35 20 Km—1. Escalante 1:39:37 2. Brenes 1:40:10 3. Gabriele Caldarelli, Italy 1:43:08 **Women 45-49: 5 Km**—1. Maura Marchiore, Italy 26:50.70 2. Katherine Cashman, Canada 27:11 3. Marie Francoise Picard, France 27:14 10 Km—1. Nadine Mazur, France 52:32 2. Carmen Garcia Frontons, Spain 55:41 3. Cashman 56:08 20 Km—1. Marchiori 1:55:59 2. Marie Jackson, Great Britain 1:57:20 3. Andrea Zirknintzek, Austria 2:01:34 **Men 50-54: 5 Km**—1. Anatoly Ovchinnikov, Russia 23:22.55 2. Fabio Ruzzier, Slovakia 23:38 3. Carl Meyer, South Africa 23:50—DQ Mark Green, USA 10 Km—1. Ruzzier 48:32 2. Green 48:42 3. Ovinchinnikov 48:51 20 Km—1. Ruzzier 1:40:32 2. Green 1:40:59 3. Helmut Prieler, Germany 1:41:10 **Women 50-54: 5 Km**—1. Barbara Neil, South Africa 26:38.83 2. Tetyana Kryvokyzha, Ukraine 26:50 3. Lidid Ojeda, Argentina 27:36 10 Km—1. Neil 52:53 2. Kryvokyzha 54:43 3. Denida Ricciutelli, Italy 58:05 20 Km—1. Neil 1:50:39 2. Lynette Ventria, Australia 1:54:52 3. Ojeda 2:01:18 **Men 55-59: 5 Km**—1. Jose Luis Lopez Camarena, Mexico 24:12.90 2. Roberto Cervi, Italy 24:32 3. Patrice Brochot, France 25:04 10 Km—1. Camarena 48:44 2. Peter Gaus, Germany 51:06 3. Cervi 51:33 20 Km—1. Graziano Morotti, Italy 1:39:22 2. Cararena 1:44:42 3. Cervi 1:45:29 **Women 55-59: 5 Km**—1. Maria Al Silva Fernandes, Portugal 27:46.10 2. Heather Carr, Australia 28:08 3. Marianne Martino, USA 28:12 10 Km—1. Fernandez 54:54 2. Martino 58:20 3. Annelore Werner, Germany 58:55 20 Km—1. Fernandez 1:57:07 2. Carr 2:01:33 3. Martino 2:03:31 **Men 60-64: 5 Km**—1. Andrew Jamieson, Australia 24:34.95 2. Pineda Amezcua, Mexico 25:13 3. Norman Frable, USA 26:21 10 Km—1. Jamieson 51:48 2. Amezcua 53:19 3. George White, Australia 54:07 4. Frable 55:17 20 Km—1. Jamieson 1:53:50 2. Amezcua 1:48:49 3. White 1:51:58. . . 5. Frable 1:54:18 **Women 60-64: 5 Km**—1. Heide Maeder, Switz. 29:03.75 2. Suzanne Loyer, France 29:56 3. Pansuleta Geer, USA 29:58.60. . . 6. Jolene Steigerwalt, USA 32:22 10 Km—1. Maeder 58:24 2. Loyer 61:13 3. Geer 62:09. . . Steigerwalt 63:34 20 Km—1. Maeder 1:59:04 2. Loyer 2:09:11 3. Mary Baglin, USA 2:11:33 4. Steigerwalt 2:13.78 **Men 65-69: 5 Km**—1. Ralph Bennett, Australia 26:50.80 2. Herman Streider, Austria 27:13 3. Auta Palmar, Estonia 27:14 10 Km—1. Bennett 55:56 2. Palmar 56:45 3. Streider 56:59 20 Km—1. Streider 1:54:30 2. Bennett 1:54:57 3. Palmar 1:55:15 **Women 65-69: 5 Km**—1. Waltraud Seiler, Germany 30:50.25 2. Kathleen Balser, USA 31:27 3. Janet Robinson, USA 31:36 10 Km—1. Seiler 62:27 2.

Hildegard Vey, South Africa 64:11 3. Janet Higbie, USA 64:41 20 Km-1. Seiler 2:08:25 2. Balser 2:12:50 3. Higbie 2:15:44 **Men 70-74:** 5 Km-1. Arthur Thomson, Great Britain 27:10.90 2. Gerhard Weidner, Germany (Set World record at 50 Km in 1972, just missing the 4-hour mark) 28:53 3. Vincenzo Menafo, Italy 29:07 4. Jack Bray, USA 19:22. . .17. Ed Lane, USA 33:49 10 Km-1. Thomson 55:23 2. Romolo Pelliccia, Italy 56:23 3. Weidner 59:02 . . .6. Bray 62:25. . .18. Lane 70:25 20 Km-1. Thomson 1:53:26 2. Dari Ramirez Castellanos, Columbia 1:58:24 3. Weidner 2:00:12 **Women 70-74:** 5 Km-1. Maureen Spelman, Germany 33:08.40 2. Janina Fijalkowska, Poland 33:41 3. Shirley Dockstader, USA 34:04 10 Km-1. Spelman 66:55 2. Fijalkowska 67:41 3. Gudrun Frey, Germany 68:27. . .5. Dockstader 74:32 20 Km-1. Spelman 2:18:34 2. Fijalkowska 2:22:02 **Men 75-79:** 5 Km-1. Miecyslaw (Matt) Rutyna, Poland (and Chicago) 29:37.35 (Way to go Matt. Matt competed for Poland in the 1964 and 1968 Olympics while living in Chicago. Talks with Matt in the summer of 1960 contributed to my conception of a training plan that put me on the national team the following year. Thanks to Matt, still in Chicago and still a loyal ORW subscriber.) 2. Douglas Featheringham, Great Britain 29:41 3. Jack Starr, USA 29:46 4. Al DuBois, USA 30:01 5. William Moremen, USA 31:05. . .7. Bob Fine, USA 32:36 10 Km-1. Starr 65:43 2. Paavo Pyystinen, Finland 65:59 3. Featheringham 66:23 4. Moremen 70:14. . .7 Fine 75:02 20 Km-1. Rutyna 2:13:18 2. Starr 2:18:25 3. Pyystinen 2:17:45 **Women 75-79:** 1. Eva Bogelsang, Can. 347:48.15 2. Ruth Carrier 41:14 3. Grace Moremen, USA 43:00 10 Km-1. Carrier 1:23:05 2. Moremen 1:24:14 **Women 80-85:** 5 Km-1. Miriam Gordon, USA 39:33.10 2. Elena Paga, Romania 41:17 3. Olena Chub, Ukraine 47:02 10 Km-1. Paga 1:23:09 2. Gordon 1:25:47 3. Chub 1:34:43 **Men 85-89:** 5 Km-1. Armando Dorantes, Mexico 39:31.50 2. Lino Tadei, Italy 40:13 3. Carlo Bobma, Italy 43:17 10==1. Tadei 1:24:32 2. Bobma 1:28:57 **Women 90-94:** 5 Km-1. Maria Bautista, Mexico 49:25.20 10Km-1. Bautista 1:38:07

2006 Shore AC National Postal 1 Hour: Boys 10-14: 1. Matthew Forgues, Maine RW 10,591 meters 2. Alejandro Chavez, South Texas 10,312 (5 finishers) **Boys 15-19:** 1. Mike Kazmierczak, U. Of Rhode Island 12,204 2. Mike Boucher, Maine RW 11,682 3. Ricardo Vergara, S. Texas 11,480 4. Roberto Vergara, S. Texas 11,131 5. Abraham Villareal, S. Texas 10,529 6. Jared Swehosky, un.; Ren Morse, un.; Taylor Burns, Maine RW; and Aaron Carroll, un. 10,000 10. Abraham Villareal, S. Texas 9,900 11. Patrick Shaffer, un. 9,680 **Men's Open:** 1. Kevin Eastler, USAF 13,584 2. Curt Clausen, NYAC 12,850 3. Matt Boyles, Miami Valley TC 12,400 4. Kazmierczak 5. John Soucheck, Shore AC 11,924 6. Rich Luettichau, Shore AC 11,728 7. Boucher 8. Ricardo Vergara 9. Dan O'Brien, Pegasus AC 11,390 10. Leon Jasionowski, Pegasus 11,399 12. Rod Criag, Pegasus AC 11,142 12. Roberto Vergara 13. Kevin Killingsworth, Marin RW 11,074 14. Bob Keating, Northeast Walkers 11,041 15. Norman Frable, Pegasus AC 10,942 16. Chris Rael, un. 10,680 17. Pedro Santoni, SC Walkers 10,673 18. Rob Frank, Racewalkers NW 10,620 19. Erik Litt, Shore AC 10,600 20. Villareal 21. Bob Novak, RWNW 10,452 22. Shoja Torabian, Marin RW 10,309 23. Bob Ullman, NE Walkers 10,271 24. Bill Reed, Pegasus 10,239 25. Rick Campbell, Easy Striders 10,214 26. Juan Yanes, Florida AC 10,182 27. John Fredericks, Shore AC 10,176 28. Dave Burns, Maine RW 10,117 29. Tom Quattrocchi, Shore AC 10,111 30. Stan Chrominski, RWNW 10,085 31. Ray Funkhouser, Shore AC 10,079 32. Theron Kissinger, Conn. Walkers; Taylor Burns, Maine, RW.; Ren Morse, un.; Matt DeWitt, Parkside AC; Leo Romero, Park Walkers; Jussin Koski, Park Walkers; Joe Trapani, Mansfield U.; Jared Swehosky, un., Adrian Jaime, S. Texas; and Aaron Carroll, un. 10,000 42. Brad Sinick, Malone Col. 9319 43. Hiram Martin, Sierra RW 8977 44. Manuel Tort, S. Texas 8651 **Men 40-44:** 1. Soucheck 2. Obrien 3. Dave Burns 4. Martin **Men 45-49:** 1. Craig 2. Rael 3. Santoni 4. Good 5. Dave Owens, Parkside AC 9632 6. Wayne Baker, Shore AC 9529 7. Ray Billig, SC Walkers 9441 8. Stewart Canning, Marin RW 9321 9. Michael Kazmierczak, Walk USA 8757 10. Eddie

Vigil, S. Texas 7589 **Men 50-54:** 1. Killingsworth 2. Frank 3. Reed 4. Joe Berendt, Sierra RW 10,114 5. Funkhouser 6. Joseph Vasquez, S. Texas 9420 7. Steven Hubbartt, Carolina RC 9413 8. Doug VerMeer, RWNW 9103 9. Les Shields, RWNW 8616 10. Bob Rose, Marin RW 7501 **Men 55-59:** 1. Novak 2. Torabian 3. Yanes 4. Chraminski 5. Fredericks 6. Quattrocchi 7. Andy Smith, Carolina RC 9957 8. Ron Salvio, Shore AC 9742 9. Chris Schmid, Ohio 9604 10. Dennis Robeson, RWNW 9564 11. Lynn Phillips, Pegasus AC 9463 12. John Gersh, Potomac Valley TC 9108 13. Ron Winkler, Parkside AC 8438 14. Benjamin Rendon, S. Texas 8341 15. Garland Murphy, Marin RW 7924 16. Jim Stroup, Carolina RC 7633 17. Larry Brown, Sierra RW 6903 **Men 60-64:** 1. Jasionowski 2. Frable 3. Campbell 4. Gary Null, Florida AC 9631 5. Frank Bain, Pot. Val. TC 9133 6. Victor Litwinski, PVTC 9096 7. Charles Mansbach, NE Walkers 9042 8. Tom Knatt, NE Walkers 8963 9. Tom Hartman, Shore AC 8266 10. John Moledyk, Shore AC 8228 11. Ellis Jones, Sierra RW 8100 12. Norm Stoldt, Sierra RW 7615 13. E. Jonathan Starr, RWCSL 6246 **Men 65-69:** 1. Alan Ede, SC Walkers 9361 2. John Elwarner, Pegasus 9279 3. Bob Nyman, Easy Striders 9084 4. Heinz Looser, Carolina RC 8970 5. Stu Kinney, Golden Gate 8795 6. Peter Bayer, Florida AC 8789 7. Jorge Herrera, S. Texas 8686 8. Sheldon Contract, PVTC 9605 9. Joseph Anderson, Marin RW 8539 10. Michael Schwed, PVTC 8397 11. Tom Keller, Ohio 8388 12. Roger Webb, PVTC 8332 13. Dave Romansky, Shore AC 8181 14. Robert Nichols, RWCSL 8174 15. Gus Davis, Conn. Walkers 8088 16. Carl Angevine, Pegasus 7947 17. Lance Tibbles, Ohio 7716 18. Jim Sheller, Marin RW 6662 19. Larry Stezer, Silver Striders 6266 **Men 70-74:** 1. Jack Bray, Marin RW 9821 2. William May, PHAST 9333 3. Carl Acosta, WCLA 9196 4. Ben Ottmer, Shore AC 9114 5. Ed Lane, Marin RW 8659 6. Ron MacPike, RWNW 8593 7. Leon Glazman, WCLA 9457 8. Arvid Rolle, Easy Striders 85=451 9. Gerry Gomes, Florida AC 8398 10. Bill Johnstone, S. Texas 8278 11. Hector Vargas, S. Texas 8205 12. Presley Donaldson, S. Texas 8012 13. Norman Izard, S. Texas 7908 14. Lee Hoffman, RWCSL 7543 15. Bob Davis, Pegasus 7500 16. Tom Fellenz, Marin RW 7479 17. Jack Graf, Marin RW 7422 18. Elliott Denman, Shore AC 7401 19. David Gonzalez, S. Texas 7369 20. Alan Sherman, Shore AC 7224 **Men 75-79:** 1. Jack Starr, PHAST 9197 2. Peter Corona, Marin RW 8883 3. Bill Moremen, SC Walkers 8789 4. Dick Vaughn, RWNW 8361 5. Bill McCann, NE Walkers 8110 6. Horacio Rodriguez, S. Texas 7999 7. Bob Fine, Florida AC 7862 8. Clint Edwards, Carolina RC 7460 9. Homer Halsey, Carolina RC 6092 **Men 80-84:** 1. Bob Mimm, Shore AC 7593 2. Massashi Noritake, SC Walkers 6970 3. Dr. Daniel Marzano, Shore AC 6821 4. Charles Boyle, PVTC 4600 **Men 85-89:** 1. John Levinsohn, Marin RW 7114 2. Joe Biersteker, Carolina RC 6971 **Men 90-94:** 1. Harry Drazin, Shore AC 4727 **Girls 10-14:** 1. Ariana Guzman, S. Texas 8872 2. Gloria Meija, S. Texas 8077 3. Josephine Vargas, S. Texas 7917 4. Carolina Valadez, S. Texas 7648 5. Reyna Gallegos, S. Texas 7517 6. Jessica Reybal, S. Texas 7231 7. Jennifer Vargas, S. Texas 6231 8. Karina Gallegos, S. Texas 6027 **Girls 15-19:** 1. Jenna Monahan, Walk USA 10,672 2. Pamela Alva, un. 10,662 3. Dona Rado, un. 10,661 4. Lauren Forgues, un. 10,429 5. Katy Hayes, un.; Tina Peters, Miami Valley, Le^{er}in Voss, un., Susan Muraida, S. Texas; and Caroline Muraida, S. Texas 10,000 9. Susan Grant, un. 9900 10. Amanda Johnson, un. 9680 11. Dana Vered, un. 9640 12. Kara Steele, Conn. Walkers 8981 13. Fionna McMahon, Maine RW 8821 14. Sara Adams, un. 9652 **Womens Open:** 1. Teresa Vaill, Walk USA 12,698 2. Jolene Moore, NYAC 11,838 3. Maria Michta, Walk USA 11,587 4. Solomina Login, un. 11,031 5. Monahan 6. Alva 7. Rado 8. Forgues 9. Susan Randal, Miami Valley 10,402 9. Peters, Muraida, Voss, Hayes, and Muraida 15. Vilma Dennis, Pegasus 8210 15. Adriana Mora, S. Texas 7422 16. Wesley Banks, Carolina RC 7388 **Womens 40-44:** 1. Vaill 2. Moore 3. Doris Attias, Walk USA 9829 4. Ginger Armstrong, Conn. Walkers 9292 5. Maria Paul, Shore AC 9038 6. Dora Choi, RWNW 8728 7. Maria Jost, RWCSL 6737 8. Diana Flores, S. Texas 5289 **Women 45-59:** 1. Jami Boshnovan, Marin RW 9344 2. Margaret Blackburn, Pegasus 9324 3. Holly Wenninger, Cambridge SU 9206 4.

Donna Cope, Carolina RC 8975 5. Michelle Goldman, Sierra RW 8904 6. Katherine Fincher, Carolina RC 8761 7. Natalie DeFarlais, Marin RW 81938. Lisa Kekuewa, Marin RW 7646 9. Marta Vergara, S. Texas 7343 10. Cathy Miller, Florida AC 7286 **Women 50-54-1.** Lynn Tracy, Parkside AC 10,046 2. Debbie Topham, Pegasus 10,044 3. Lynette Heinlein, Pegasus 9833 4. Lee Chase, Conn. Walkers 9290 5. Sandra DeNoon, Florida AC 8797 6. Julia Pudzowski, Pegasus 8565 7. Diane Davies, Marin RW 8089 8. Bertie August, RWNW 76589. Janiece Stickel, S. Texas 7372 10. Ruth Phillips, Ohio 7049 11. Liesbeth Matthieu, Marin RW 6689 12. Linda Hewitt, Shore AC 6193 **Women 55-59-1.** Donna Cunningham, SC Walkers 9852 2. Ann Lee, Marin RW 8933 3. Carole Bertino, Easy Striders 8879 4. Nancy Sido, RWCSL 8816 5. Deana MacLean-Roberts, Shore AC 8318 6. Jenny Dean, Inland Empire 7211 7. Sandy Flint, Sdierra RC 7114 8. Ann St. Germaine, Shore AC 7072 9. Sandy Becker, Marin RW 6997 10. Eithne Beirne, Marin RW 6517 11. Sue Jameson, S. Texas 6502 12. Alice Winkler, Parkside AC 6301 13. Sharon Rusian, Silver Striders 5900 **Women 60-64-1.** Janet Higbie, Indiana RW 9313 2. Panse Geer, Shore AC 9298 3. Jolene Steigerwalt, San Diego TC 9223 4. Kathy Frable, Pegasus 9169 5. Pat Godfrey, Cambridge SU 8632 6. Cathy VanBrocklin, PVTC 8632 7. Fran Emanuel, Ocean RC 8469 8. Joanne Harriman, NW Walkers 8262 9. Dorothy Mangan, Parkside AC 7706 10. Dixie James, Marin RW 7544 11. Marion Boyd, Marin 7485 12. MJ Sullivan, SC Walkers 7433 13. Margaret Fields, SC Walkers 7345 14. Barbara Johnson, Shore AC 7223 15. Sue Blochwitz, Marin 7118 16. Judy Keefe, S. Texas 6195 17. Mary Setzer, Silver Striders 5840 **Women 65-69-1.** Walda Tichy, Pegasus 8837 2. Doris Cassels, Marin RW 8813 3. Lois Dicker, PVTC 8579 4. Roberta Hatfield, un. 8273 5. Nancy alexander, WCLA 8226 6. Hyllis Abbate, Marin RFW 8169 7. Anelise Smith, un. 774 8. Linda Burnett, Marin RW 7643 9. Barb Gordin, Ohio 7282 10. Bigalita Egger, SC Walkers 7136 11. Mary Tarkowski, S. Texas 6979 12. Karen Baux, Pegasus 6672 13. Marion Adams, Silver Striders 6667 14. Carole Trott, S. Texas 6250 15. Nancy Hall, Silver Striders 6100 16. Jessie Hahn, S. Texas 5550 **Women 70-74-1.** Shirley Dockstader, Marin RW 8811 2. Shirley Capps, SC Walkers 8415 3. Joan McIntyre, Easy Striders 7881 4. Maurine Lia, RWCSL 7751 5. Millie Prihoda, Carolina RC 7503 6. Patricia McCaron, Marin RW 6858 7. Patti Willis, WCLA 6538 8. Eula Ray Cook, Silver Striders 5900 9. Lola Smith, Silver Striders 5400 **Women 75-79-1.** Ruth Eberle, RWCSL 8663 2. Bonnie Vaughan, Silver Striders 7440 3. Patti Kennedy, Inland Empire 7382 4. Grace Moremen, SC Walkers 7081 5. Lura Brinegar, Silver Striders 6100 6. Reba Smith, Silver Striders 5240 **Women 80-84-1.** Miriam Gordon, Florida AC 7529 2. Lois Landreth, Silver Striders 4900 3. Mae Bedsaul, Silver Striders 4866 **Women 85-89-1.** Thelma Rubin, Marin RW 6485. There were 269 walkers representing 35 different clubs. They totaled 231,407.7 km, or 13,884 miles—more than halfway around the world at the equator. The average was 8602 meters per walker. Ruth Eberle, with her 8663 meters in the womens 75-79 category was the only record setter, bettering the 8392 by Jane Dana in 1998.

Pay Your Dues, Lace Your Shoes, and Then Just Cruise—At the Races

- Sat. Oct. 6 Minnesota and North Region 50 Km (also, 5,10,20,30, and 40 Km0, Minneapolis, Minn.(V)
National USATF 5 Km (Z)
3 Km, Santa Barbara, Cal. (J)
- Sun. Oct. 7 ½ Marathon, Sandy Hook, N.J., 9 am (A)
5 Km, New Orleans (L)
- Sat. Oct. 13 1 Hour, Albuquerque, N.M. (T)
2.8 Miles, Seattle, Wash. ©)
5 Km, Ingleside, Tex. (L)

- Sun. Oct. 14 Georgia 5 and 10 Km, Atlanta (F)
USATF National 1 Hour, Waltham, Mass. (B)
Georgia 5 and 10 Km, Atlanta ((B)
- Sat. Oct. 20 Indiana 20 Km, Indianapolis (AA)
- Sun. Oct. 21 1 Mile, Kentfield, Cal. (P)
Duke City Marathon and 5 Km, Albuquerque, N.M. (T)
- Mon. Oct. 22 Florida 1500 and 3000 meters, Plantation, Fla. (Q)
Marathon, 5 and 10 Km, Half-Marathon, Albuquerque, N.M. (T)
- Sat. Oct. 27 5 Km, Denver, 9:30 1m(H)
Several Texas Walks (L)
15 Km, Tulsa, Oklahoma (L)
- Sun. Oct. 28 10 Km, Seaside, Cal. (W)
USATF National 30 Km, Hauppauge, N.Y. (U) (Also a 50 Km)
- Sun. Nov. 4 5 Km, Fair Oaks, Cal. (P)
5 Km, Littleton, Col., 9 am (H)
5 Km, Metairie, La. (L)
National USATF Masters 20 Km, Clermont, Fla. (E)
10 Km, Clinton, Conn., 10:30 am (K)
- Sat. Nov. 10 2.8 Miles, Seattle (C)
5 and 10 Km, Minneapolis (V)
5 Km, Weslaco, Texas (L)
- Sun., Nov. 11 5 Km, Boulder, Col., 9:30 am (H)
- Wed. Nov. 14 Indiana 1 Hour, Indianapolis (AA)
- Sat. Nov. 17 100 Miles, Dallas, Texas (L)
5 Km, Brighton, Col., 8:30 am (H)
5 Km, El Paso, Tex. (L)
- Sun. Nov. 18 Florida State 20 Km, Open 5, 10, and 20 Km, Plantation (Q)
- Thu. Nov. 22 Gobbler Hobbler 5 and 10 Km, Albuquerque, N.M. (T)
- Sat. Nov. 24 5 Km, Aurora, Col., 9 am (H)
- Sun. Nov. 25 1 Hour, Kentfield, Cal., 8 am (P)
- Sun. Dec. 9 25 Km, New Orleans (L)
- Nov. And Dec. 1 Hour Walk Series, New Jersey, dates to be announced (A)

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From Heel To Toe

Bob Brewer. The Southern Cal Walkers newsletter reports the death of Bob Brewer. They don't give Bob's age, but he was competing with some success in the middle '60s. Highlights were a third place finish in the 1965 National 30 in 2:47:05, behind Ron Laird and Dick Ortiz. In 1966, he finished sixth in the Indoor 1 Mile with 7:07.6 and seventh in the 1 Hour with 7 miles 399 yards. This from the SCW newsletter: "For those of you who were active in racewalking in the mid 1980s (Bob reappeared on the scene at that time), you will remember Bob Brewer with his love of sport and short arm swing. We just received the following from his wife Linda. My husband Bob Brewer has passed away. He was diagnosed with liposarcoma in 2003. They operated on him and took it out and he had been fine for four years. On March 16, 2007, he went in for an operation to find out why he had a lump by his stomach. It turned out to be cancer and it was at the end of the aorta and was to risky to remove. The doctor told him it was terminal and he had four months to a year to live. On July 31, 2007, he passed away at home with his children and wife by his side. Racewalking was very important to him and his racewalking friends were important to him too. . . **The Fernandez phantom DQ.** Here are some further comments on the disqualification, and Jury of Appeals reinstatement, of Spain's Francisco Fernandez at last month's World Championship 20 Km. From Allen James, Olympian and many times national champion and national member: The DQ in the men's race and the subsequent appeal and reinstatement is a JOKE. Racewalking once again is the laughing stock of events. I thought the Pan Am Junior's appeal was bad enough. Now we are the center stage and the Spanish jury member and Robert K's athlete get the special treatment because he was favored to win the silver medal once again! Fernandez is a great athlete, no doubt, but this decision tarnishes his achievement and, in my opinion, makes him look like a three-time loser rather a three-time silver medalist. As a side note-I hope our federation writes a letter of condemnation regarding the conduct of the Jury of Appeals in this matter. Allowing the Spanish juror to sit in, whether he says anything of not is a conflict of interest. He should have been recused from the process-meaning he can't even be in the room. The fact that he participated in the discussion should be grounds for dismissal, to the extent that it's treated like a doping violation or worse! To me this is no different than the NBA official fixing games. And this comment from Bob Bowman, member and former chairman of the IAAF Racewalking Committee, who was present at the race: As to the finish controversy in the Men's 20 Km in Osaka, there really wasn't any controversy until the Jury of Appeals overruled the Chief Judge, Ron Daniel. Clearly, if there ever was a situation that called for the Chief Judge to act, it was this. Fernandez threw caution to the wind and was airborne. In the last couple of strides, he actually ran to catch Ghoulia. As one can see from the IAAF video, Ron was in the

correct position to make the call. If that is the video the Jury used to support their decision, they made a big mistake in that the camera angle cannot show the amount of loss of contact. No one who witnessed it track side disagreed with the call. In order for the Jury to overrule the Chief Judge, the video must show the Chief Judge to be wrong and it doesn't. What is even more disturbing is that the President of the Spanish Federation, who was a member of the Jury pool, was allowed to argue on behalf of his athlete in an obvious conflict of interest. All the members of the IAAF Racewalking Committee, including Luis Saladie of Spain, felt Ron acted properly. So did members of the IAAF Staff, other members of the IAAF Council, including Bob Hersh, various other officials such as ITOs assigned to the event, etc. Fernandez made up 30 meters in the last 100 meters! Ghoulia was slowing some but let say he was still walking close to 7 minutes-per-mile pace. He averaged 6:38 per mile for the race. In order to do that, Fernandez had to be going under 5 minutes-per-mile pace! At this time the IAAF Racewalking Committee does not feel the problem or solution lies in changing Rule 230.3(a). The problem lies with a Jury system that is subject to political pressure. We are considering proposing that Juries of Appeal for racewalking events include a racewalking official. Also that if video is used to review DQ decisions by the Chief Judge, that video must clearly show that the Chief Judge was wrong. The Jury in this case argued that the video was inconclusive. Of course a bad viewing angle is always going to be inconclusive. How convenient for them. And we must insist that the members of the jury have no conflicts of interest regarding the matter at hand. . . **About those 100 milers.** You will notice a 100 mile walk on our schedule of races to be held in Dallas on Nov. 17-18 (yes it takes two days, unless you start at midnight since those who want to qualify as Centurions must complete the distance in 24 hours or less). Dave Gwyn provides a very brief history of this event in the U.S., with reference to the upcoming event: As with other Centurion walks of the last few years, the competition differs from racewalking mainly in that it has no rule about knees. Joe Duncan of Columbia, Missouri, founded the Centurion program in the U.S.-recognizing those who walk 100 miles within 24 hours-in 1967 (*Ed. Actually, there were 100 mile races in the U.S. in the late 19th Century, or at least one, since a 100-mile record was carried in the AAU Handbook-a record that Larry O'Neil, age 59) bettered in Joe's initial "revival" race.*) Although Centurion events were billed as racewalks, by many accounts any approximation of racewalking was allowed. Several other sites contested such events over the years, but the end of the Columbia series in 1991 brought the program to a near halt, with only Jack Blackburn in Ohio directing a Centurion event (in 1993) between then and the turn of the century. (*Ed. Again. We should also note that there was an official National Championship at 100 miles from 1978 through 1987, with the exception of 1986 and in 1993. Allen Price won 8 of those races.*) Two separate and cooperating initiatives resurrected the Centurion culture among US walkers. Ulli Kamm, an immigrant from the Netherlands, brought his love of ultrawalking to this country and both directed long walks in Colorado and encouraged inclusion of a walking division in a San Diego 24-hour run. Some of his activity is chronicled at www.ultrawalk.com. Ollie Nanyes of Illinois started an ultrawalking chat group at www.sports.groups.yahoo.com/group/ultrawalking in 2004 and members soon began soliciting other existing 24-hour runs to include a Centurion category. .

More results.

Uncovered these as I was wrapping this up, and rather than renumbering pages, I will sneak them in here.

10 Km, Houston, Sept. 23-1. Susan Brooks (42) 59:11 2. Lojza Vosta (68) 68:50 (10 finishers) **20 Km, Salem Oregon, Sept. 23-1.** Stephanie Casey 1:45:15.9 (A 2-miunte plus improvement for this 23-year-old newcomer in her second race at the distance.) 2. Nana Bellurud 2:26:21 **1 Hour, Banks, Oregon, September 2-1.** Stephanie Casey 8907 meters

2. Judy Heller (60+) 8891 3. Karen Karavanic (40+) 4. Nana Bellerun (40+) 8385 5. Dora Choi (40+) 8251 ((8 finishers) Men—1. Rob Frank (50+) 10,371 2. Stan Chraminski (60+) 10051 3. George Opsahl (60+) 9934 4. Bob Grable (50+) 9002 5. Ron MacPike (70+) 8378

LOOKING BACK

45 Years Ago (From the September 1962 American Race Walker published by Chris McCarthy)—On Detroit's fabulous Belle Isle, on a course later measured to be at least 600 yards long, John Allen won the National 15 Km title in 1:16:07, beating Ron Laird by 16 seconds. Canada's Alex Oakley was third and young Ron Daniel of the New York AC upset the Ohio Track Club's dynamic duo of Jack Mortland and Jack Blackburn for fourth. Laird and Daniel led the NYAC to the team title over the Ohio TC. Future star Goetz Klopfer was 11th. Marty Wright, then my fiancée, by June of the following year Mrs. Mortland, was not particularly excited in witnessing her first walking race. . . Bob Bowman, later to become IAAF Racewalk Chairman, then a fledgling competitor, won a 2 miler in Venice, Cal. In 16:19. . . Daniel was the publication's Pedestrian on the Month. The NYAC athlete was born in Miami, but was then living in Port Washington, N.Y. At that early point in his career, he had best times of 6:59.9 for a mile, 51:00 for 10 Km, 1:14:57 for 15 Km, and 3:44:35 for 40 Km. He went on the International status a few years down the line and is now an international judge, much in the limelight in last month's World Championships, as reported in these pages.

40 Years Ago (From the September 1967 ORW)—Ron Laird won the National 15 Km in Berwick, Pa. With a 1:08:13, leaving Steve Hayden 3 ½ minutes in arrears. Jack Blackburn was a strong third. The first U.S. 100 miler of the 20th century was hailed on the track in Columbia, Missouri and Montana's 60-year-old Larry O'Neil broke the long-standing record with a 19:24:52, walking an amazingly even pace throughout the race.

35 Years Ago (From the September 1972 ORW)—At the Munich Olympics, East Germany's Peter Frenkel won at 20 Km in 1:26:42 and West Germany's Bernd Kennenberg captured the 50 in 3:56:12. Vladimir Golubnichiy, USSR, took the silver at 20, his fourth Olympic medal at the distance—golds in 1960 and 1968, bronze in 1964. Hans-Gerog Reiman and Gerhard Sperling completed a near sweep for East Germany in the 20, with their third and fourth place finishes and the USSR's Veniamin Soldatenko took the silver at 50. For the U.S., Larry Young was brilliant with a 10th place finish at 20 preceding his second bronze medal performance in the 50. He missed the 4-hour mark by just 46 seconds. In the 20, Tom Dooley was 15th and Goetz Klopfer 19th. At 50, Bill Weigle took 17th and Steve Hayden 27th.

30 Years Ago (From the September 1977 ORW)—Mexican walkers finished one-two at both 20 and 50 Km to score a decisive team victory in the World Cup, held in England. The 20 went to Daniel Bautista in 1:24:03 with Domingo Colin second and East Germany's Karl-Heinz Stadtmuller third. Raul Gonzalez won the 50 in a rather slow 4:04:20, 35 seconds ahead of Pedro Aroche. Gonzalez went through the first 20 in 1:29:50, an unheard of pace at the time, and paid the price but survived with the gold. In the 50, a subpar Larry Young was 13th in 4:19:56, must 10 seconds ahead of Augie Hirt, who had a personal best. A hamstring injury had hampered Young's training. . . San Deigo's Paul Hendricks, with only a year of racewalking experience, won the Columbia 100 miler in 9:45:17, 22 minutes ahead of Leonard Busen, who took an hour-and-half off his previous best. There were a record eight finishers in the 24-hour limit.

25 Years Ago (From the September 1982 ORW)—The U.S. finished ahead of Great Britain and Norway, but behind West Germany and Sweden in a five-team international match. Sweden's Bo Gustavsson won the 50 in 3:53:22 with Marco Evoniuk second for the U.S. in 4:03:13. Germany's Franz Josef Weber won the 20 in 1:24:46 and Jim Heiring walked 1:25:32 in third and Ray Sharp 1:26:48 in fourth. . . U.S. Sports Festival titles went to Heiring at 20 in 1:28:19 and Ray Somers at 50 in 4:37:50. . . Jose Marin of Spain walked a brilliant double in the European Championships, winning the 20 in 1:23:43 and coming back three days later to take a silver at 50 in 3:59:19. Finland's Reina Salonen won that one in 3:55:29 and Gustavsson edged Hartwig Gauder, GDR, for third. Czechs Josef Pribilinec and Pavlo Blazek took silver and bronze at 20.

20 Years Ago (From the September 1987 ORW)—Italy's Mauricio Damilano won at 20 in the World Championships in Rome, defying high heat and humidity to record 1:20:45. He controlled the pace throughout to beat Josef Pribilinec by 22 seconds with Spain's Jose Marin third. Tim Lewis was the first U.S. finisher with a 1:26:00 in 19th. The Women's 10 Km went to Irina Strakhova, USSR, in 44:12, 11 seconds ahead of Australia's Kerry Saxby. Hong Yan of China was third. Lynn Weik led the U.S. with 46:51 in 15th. Debbi Lawrence was 40 seconds and five places further back. Just as they had earlier in the year at World Cup in New York, the GDR's Hartwig Gauder and Ronald Weigel finished on-two in the 50, but switched positions as Gauder took gold in 3:40:53 ahead of Weigel's 3:41:30. Vyacheslav Ivanenko, USSR was third in 3:44:02. Carl Schueler was 16th in 3:57:09 and Marco Evoniuk 17th in 3:57:43. Jim Heiring had a personal best 4:03:24 in 22nd, easily the most distinguished showing the U.S. team had ever made at 50 Km.

10 Years Ago (From the September 1997 ORW)—Curt Clausen won National titles at both 5 and 40 Km. At the 5 in Wilkes-Barre, Pa. On August 24, he scored an easy win in 20:33. In the 40 two weeks later at Fort Monmouth, N.J., he was virtually unopposed winning in 2:16:42. In the 5, Jonathan Matthews, tough as ever at 41, was second in 20:54 and Dave McGovern third in 21:27. Debbi Lawrence won the women's 5 in 22:39, 15 seconds ahead of Joanne Dow, with Victoria Herazo third. In the 40, Ohio's Chris Knotts, also still going strong at 41, was second in 3:46:17 with John Soucheck third in 3:50:03.

5 Years Ago (From the September 2002 ORW)—Once again, Nationals were held at both 40 and 5 Km. Tim Seaman broke Carl Schueler's meet record by more than 7 minutes as he won the 40 in a blazing 4:06:17, Philip Dunn was just 2:34 back in second with Curt Clausen third in 3:12:23, still under Schueler's record. Al Heppner had 3:27:48 in fourth. Susan Armenta easily won the women's titles, finishing fifth overall in 3:32:08, 40 minutes ahead of Erin Taylor. Heppner won the National 5 in 21:51 with Ian Whatley second in 22:36. The Women's title went to Marcia Gutsche 25:53 with Victoria Herazo second in 26:47.